Getting started as a One Medical member

The ParetoHealth clinics in Kansas City have become One Medical offices. You can expect the same great services you've been enjoying with as little disruption as possible. And we'll offer even more ways to get care in the future. To continue getting care at these offices, simply activate your employer-sponsored membership at no cost.

1. Activate your membership

- Visit **onemedical.com/pareto-health** and select "Activate now".
- Enter your **work email address**.
- Enter the **code WESTERNKC.**
- Select **Myself** when asked "Who is this membership for?".
- Enter your name and contact information.
- Enter your birthdate and sex.
- Select the location, **Kansas City**
- Create your account with log in email and password.
- Agree to the Terms of Service, Privacy Policy, and HIPAA Notice.
- If requested, verify your email.

2. Register your spouse and dependents

To sign up your spouse and dependents ages 2+, for each individual family member, follow the steps above until "Who is this membership for?", entering in "**Spouse or adult dependent membership**" or "**Child membership**" and following the prompts.

3. Download the One Medical app

Download the app at **onemedical.com/mobile** to easily book visits, request prescription renewals, message with providers, and more.

4. Get care at One Medical

As a One Medical member, you can book a visit to get care through the One Medical app or on desktop at **app.onemedical.com.**

Questions? Email **paretokansascity@onemedical.com**